

HOW TO GROW A HEALTHY SMALL GROUP MOVEMENT

SCHEDULE

9:30 a.m.	Introductions & Prayer
10:00 a.m.	What is Intentional Accompaniment?
11:00 a.m.	Break
11:10 a.m.	1s - Participants & 2s - Leaders
11:45 a.m.	Lunch
12:15 p.m.	3s - Coaches
1:30 p.m.	Break
1:40 p.m.	4s - Movement Builders
2:35 p.m.	Break
2:45 p.m.	Next Steps
3:20 p.m.	Q&A
4:00 p.m.	End



ENCOUNTERING

JESUS



EQUIPPING

DISCIPLES



LIVING

MERCY

Schedule

John 15:1-7



I am the true vine, and my Father is the vine grower. He takes away every branch in me that does not bear fruit, and every one that does he prunes so that it bears more fruit. You are already pruned because of the word that I spoke to you. Remain in me, as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing. Anyone who does not remain in me will be thrown out like a branch and wither; people will gather them and throw them into a fire and they will be burned. If you remain in me and my words remain in you, ask for whatever you want and it will be done for you. By this is my Father glorified, that you bear much fruit and become my disciples.

How to Grow a Healthy



PROPHETIC LISTENING

A RADICALLY INTENTIONAL
APPROACH TO
RELATIONSHIPS AND
CONVERSATIONS

1

DISPOSITIONS

Dispositions are cultivated and grown over time. Prophetic Listening can become second nature in ministry.

DIRECTION

Where are we going?
Conversion
Missionary discipleship

What is our context?
Conversation
Event
Faith Study
Lesson Objective

DOCILITY

One ear to the Holy Spirit. One ear to the person in front of you.

What am I hearing?
What am I not hearing?
What is catching my attention?

DETACHMENT

Abandonment and attentiveness to God's plan not our own.

Listening to understand rather than to be understood.
Leaving the results to God.

Small Group Movement

2

SKILLS

Skills can be learned and developed. Learning a new skill requires time, patience and practice.

RAPPORT

Establishing trust is the foundation required for intentional accompaniment.

How do we establish trust?

- Authenticity
- Attentiveness
- Honouring commitments
- Relating & Sharing
- Celebrating & Encouraging

SURVEY

A surveyor asks: "What am I seeing? What is the lay of the land?"

- Ask questions
- Foster holy curiosity
- Seek understanding

**Remember that the faith studies provide excellent survey questions !*

ZOOM

The surveyor asks: "Where do I need to take a closer look? Why is this here?"

Where is the Holy Spirit capturing your attention?

Why?

What is the Holy Spirit trying to reveal to the person you are accompanying?

STRENGTHEN

New insights, like new construction, require stability and support. How can I provide reinforcement to what has been revealed?

- Prayer
- Intercession
- Scripture
- Practical action



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How to Grow a Healthy

RAPPORT

"HOW WAS YOUR EXAM?"

"WOULD YOU RATHER READ A BOOK
OR CLIMB A MOUNTAIN?"

"IS YOUR MOM STILL IN THE HOSPITAL?"

"CAN I BRING YOU A COFFEE THIS AFTERNOON?"

"WHERE DID YOU GROW UP?"

"OK, IT'S JUST ABOUT 8:30PM LET'S WRAP UP OUR
STUDY SO THAT YOU CAN ALL GET HOME ON
TIME."

SURVEY

DISCOVERY LESSON 1: "WHAT STRIKES YOU
ABOUT GOD'S PERSONAL LOVE FOR YOU?"

SOURCE LESSON 3: "HOW HAS YOUR
UNDERSTANDING OF THE HOLY SPIRIT DEEPENED
SO FAR IN THIS FAITH STUDY?"

"WHAT DID YOU THINK OF FATHER'S HOMILY
TODAY?"

"WHAT DO YOU MEAN BY THAT? DO YOU MIND
SHARING A BIT MORE?"

"WHAT BROUGHT YOU BACK TO THE PARISH?"

Small Group Movement

ZOOM

"WHY DO YOU THINK THAT?"

"WHY DO YOU FEEL THAT WAY?"

"WAS THERE AN EXPERIENCE IN YOUR LIFE THAT LED YOU TO THINK THIS WAY?"

"WHY IS THIS SCRIPTURE PASSAGE STANDING OUT TO YOU?"

"HAVE YOU EVER ASKED FOR GOD'S ANSWER TO..."

"WHAT DO YOU THINK THE HOLY SPIRIT IS SAYING TO YOU ABOUT...?"

STRENGTHEN

"CAN I JUST SAY A PRAYER FOR YOU RIGHT NOW?"

"YOU KNOW I DON'T REALLY KNOW THE ANSWER TO THAT, BUT I'LL FIND OUT. WANT TO GRAB COFFEE LATER THIS WEEK TO DISCUSS IT?"

"I JUST LISTENED TO THIS GREAT PODCAST ABOUT THE EXACT THINGS WE'RE TALKING ABOUT, CAN I SEND YOU THE LINK THIS WEEK?"

I'M GOING TO FAST FROM COFFEE FOR _____ THIS WEEK.

"THIS SCRIPTURE HAS HELPED ME IN STRESSFUL SITUATIONS. MAYBE TRY READING IT A FEW TIMES THIS WEEK."

1 - Participants & 2 - Leaders

Characteristics

1 Participants



Those who are in your program.

2 Leaders



Those accompanying 1s through your evangelistic program.

Characteristics of a 1

Characteristics of a 2

F		<hr/> <hr/> <hr/>
A		<hr/> <hr/> <hr/>
C		<hr/> <hr/> <hr/>
T		<hr/> <hr/> <hr/>

Prophetic Listening

What did you hear?

What did you understand?

How did you respond?

Sample:

Small Group Journal

INSTRUCTIONS for 2s (Leaders): Fill this out after you meet with your small group. You will refer to your answers during your meeting with your coach. Remember, your coach is not a spiritual director. However, as they seek to accompany you in holiness and mission, they will provide accountability and encouragement.

Pray: Come Holy Spirit...

CHECK-IN

Have I been praying daily?

What is a recent grace from my time in prayer?

What is one win from this week's small group meeting?

I've been praying most days! And I've been reflecting on how God's goodness as He loves me in the midst of my own sinfulness.

One win - AMANDA asked how she could pray for each of us, and this led to the group really sharing vulnerably about some struggles.

RAPPORT

How is building rapport with my group going?

Really well! The group is sharing vulnerably. In fact, I've got to figure out how to cap social time so that we get to content and prayer.

SURVEY

What have I noticed about my group members and their relationship with Jesus?

How is each participant responding to the content our small group is using?

SARAH only comes to mass sometimes, but she always seems really open and positive. She recently let me pray for her when she was sick.

LAURA noticed that the passages talked about God knowing each person and that she hadn't thought about God really knowing her.

MARIA was very quiet when we talked about God's love for us.

ZOOM

Where is the Holy Spirit inviting me to zoom into my participants' needs?

I'd like to know what Maria thinks about God loving us intimately, but it might be good to do that one on one.

STRENGTHEN

What is a next step? (Prayer, Intercession, Scripture, Practical Action)

I think I need to pray for Maria and see what opportunities God offers to build relationship with her.

FOR MY COACH

What questions do I have for my coach?

What is a good balance between social time and the content of the group. I don't want to cut prayer short, but I also want the ladies to experience good friendship.

Template:

Small Group Journal

INSTRUCTIONS for 2s (Leaders): Fill this out after you meet with your small group. You will refer to your answers during your meeting with your coach. Remember, your coach is not a spiritual director. However, as they seek to accompany you in holiness and mission, they will provide accountability and encouragement.

Pray: Come Holy Spirit...

CHECK-IN

Have I been praying daily?
What is a recent grace from my time in prayer?
What is one win from this week's small group meeting?

RAPPORT

How is building rapport with my group going?

SURVEY

What have I noticed about my group members and their relationship with Jesus?
How is each participant responding to the content our small group is using?

ZOOM

Where is the Holy Spirit inviting me to zoom into my participants' needs?

STRENGTHEN

What is a next step? (Prayer, Intercession, Scripture, Practical Action)

FOR MY
COACH

What questions do I have for my coach?

3 - Coaches

Characteristics

1 Participants

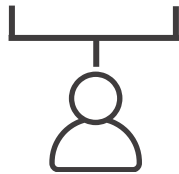


Those who are in your program.

2 Leaders



Those accompanying participants (1s) through your evangelistic program.



3 Coaches

Those supporting and mentoring leaders (2s)

Characteristics of a 3

Role of a 3

Coach's Questions

INSTRUCTIONS for 3s (Coaches): The questions below are a suggested outline for your conversation. Feel free to add follow-up questions and to linger when needed. If the conversation goes outside the bounds of these questions, tap into your curiosity. When they ask a question, refrain from immediately giving your ideas. See if your leader can come to some conclusions or next steps themselves.

Pray: Come Holy Spirit...

ACCOUNTABILITY

- What has been a recent grace in prayer?
- Have you been able to pray daily?

RAPPORT

- How is your group getting along?
- What is helping them get along well?
- How can you create space for them to connect better (with you and each other)?

SURVEY

- What are you noticing about your participants?
- Say more about [name of participant]...

ZOOM

- Where is the Lord inviting you to go deeper with the members of your group?
- How, when, where...
- May I offer a suggestion?

STRENGTHEN

- What is something the Lord is asking you to do as a next step? (prayer, intercession, scripture, practical action)

OTHER

- What questions do you have for me?
- How can I support you?

WHEN TIME ALLOWS

- Where would you place your participants on the thresholds?
- What is something you desire for each of your participants?

Coach's Journal

INSTRUCTIONS for 3s (Coaches): Fill this out after you meet with your small group leader (2). You will refer to your answers during your meeting with your "Movement Builder" (4). Remember, this person is not a spiritual director. However, as they seek to accompany you in holiness and mission, they will provide accountability and encouragement.

Pray: Come Holy Spirit...

CHECK-IN

Have I been praying daily?

Yep!

What is a recent grace from my time in prayer?

I feel I've been called to a deeper reliance on the Lord. Allowing Him to work rather than feeling like I have to accomplish everything.

ABOUT MY LEADER

Does my leader need any extra support or resources to help him/her grow in intimacy with Jesus? If so, what?

Bob is praying regularly, but his morning routine sometimes gets hectic and prayer gets skipped. We discussed some ways he can find time for prayer when this happens.

How do I know my leader is SURVEYING well? Give Example(s).

Bob was able to tell me the specific answers that his participants shared in his small group. He even asked one of his participants to share a bit more with him so he could further understand their response.

Where did my leader need help to ZOOM and STRENGTHEN? Please describe.

One of Bob's participants said that they didn't feel they had ever heard God's voice before; Bob did not flag this as something he should pray for or seek to have more discussion about.

How is the Holy Spirit calling you to strengthen this leader's growth as a missionary disciple?

Send a text to thank and encourage Bob in his leadership and ask him if he got any insights while praying intentionally for his participant. In our coaching call, continue to focus his listening by helping him develop really good questions to ask his participants.

Coach's Journal

INSTRUCTIONS for 3s (Coaches): Fill this out after you meet with your small group leader (2). You will refer to your answers during your meeting with your “Movement Builder” (4). Remember, this person is not a spiritual director. However, as they seek to accompany you in holiness and mission, they will provide accountability and encouragement.

Pray: Come Holy Spirit...

CHECK-IN

Have I been praying daily?

What is a recent grace from my time in prayer?

ABOUT MY LEADER

Does my leader need any extra support or resources to help him/her grow in intimacy with Jesus? If so, what?

How do I know my leader is SURVEYING well? Give Example(s).

Where did my leader need help to ZOOM and STRENGTHEN? Please describe.

How is the Holy Spirit calling you to strengthen this leaders growth as a missionary disciple?

4 - Movement Builder

Characteristics

1 Participants



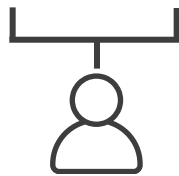
Those who are in your program.

2 Leaders



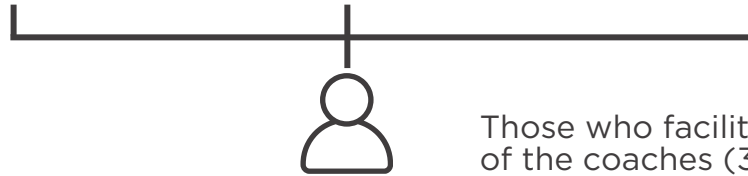
Those accompanying participants (1s) through your evangelistic program.

3 Coaches



Those supporting and mentoring leaders (2s)

4 Movement Builder



Those who facilitate the work of the coaches (3s)

Characteristics of a 4

Role of a 4

Movement Builder Questions

INSTRUCTIONS for 4s (Movement Builders): The questions below are a suggested outline for your conversation. Feel free to add follow-up questions and to linger when needed. If the conversation goes outside the bounds of these questions, tap into your curiosity. When they ask a question, refrain from immediately giving your ideas. See if you leader can come to some conclusions or next steps themselves.

Pray: Come Holy Spirit...

ACCOUNTABILITY

- What has been a recent grace in prayer?
- Have you been able to pray daily?

RAPPORT

- How are you getting along with your small group leaders?
- What is helping you grow your relationship?
- How can you create space to connect better?

SURVEY

- What are you noticing about your small group leaders?
- Say more about [name of participant]...

ZOOM

- Where is the Lord inviting you to go deeper with them?
- How, when, where...
- May I offer a suggestion?

STRENGTHEN

- What is something the Lord is asking you to do as a next step? (prayer, intercession, scripture, practical action)

OTHER

- What questions do you have for me?
- How can I support you?

WHEN TIME ALLOWS

- Where would you place your small group leaders on the thresholds?
- What is something you desire for each of your small group leaders?

Next Steps

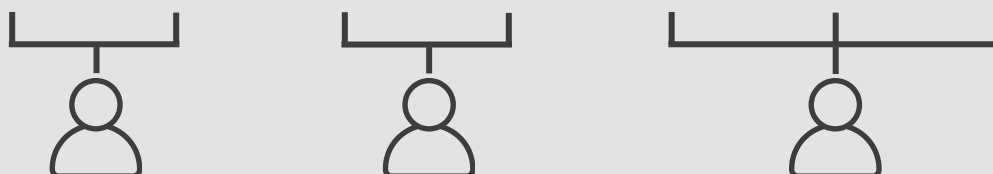


Identify Your People:

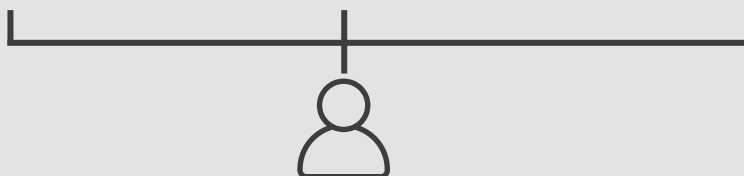
Name the people who will make good leaders (2s), coaches (3s), and movement builders (4s).



2 Leaders



3 Coaches



4 Movement Builder

Next Steps



Pray for your leaders:

1. Pause and consider what you know about the person and their relationship with the Lord.
2. Listen for what the Lord desires for the person. Notice the thoughts, feelings, and desires that stir in your heart as you pray for them. You might receive a clear word or image from the Lord to share with the person.
3. Speak your desires for the person out loud to the Lord with faith.

Did you receive a word, image, or action for one of your leaders?

What themes did you notice?

Next Steps



Discuss your plans:

How will we invite small group participants to be leaders?

How often should coaches (3s) meet with small group leaders (2s)?
What other expectations do you have?

How do we invite small group leaders (2s) into regular conversation with coaches?

What obstacles might we face?

Next Steps



Plan to succeed.

What steps do we need to take in order to achieve our goal?

Who?	Does what?	By when?	How will we know?	Measure of success.
<i>Team Member Name</i>	<i>Invite list of parishioners to be coaches.</i>	<i>May 5</i>	<i>Will discuss invite progress at next team meeting (May 5)</i>	<i>3 out of 6 invites say yes</i>
<i>Team Member Name</i>	<i>Prepare the coaches</i>	<i>May 31</i>	<i>Coaches will attend a formation session (May 31)</i>	<i>Coaches respond to survey saying they feel "confident".</i>



Take five minutes now to respond to this survey so
we can serve you better!

Networking Opportunity:

Coffee & Conversation with Archbishop Lucas

Thursday, Dec. 12, 9:30am-11am

The Chancery (2222 N. 111th St. Omaha, NE 68164)

Talk to your coach about Live Lent Together:

- *Host a training to launch small group leaders.*
- *Equip veteran leaders to accompany new leaders.*
- *Ask about School of Mission.*

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